

## ADVANCED DIPLOMA IN SOMATIC THERAPY

AdvDip (Somatic Therapy) - NQF Level 7 (120 credits)

**Qualification code: ADST20**

SAQA ID: 110041, CHE NUMBER: H/H16/E092CAN

Campus where offered: Arcadia Campus

### REMARKS

- a. *Admission requirement(s):*  
A National Diploma: Somatology, **or** a Diploma in Somatic Therapy, **or** a relevant bachelor's degree, **or** an equivalent qualification at NQF Level 6 with a minimum of 360 credits.
- Holders of any other equivalent South African or international qualification may also be considered, see Chapter 1 of Students' Rules and Regulations.
- b. *Selection criteria:*  
Admission is subject to selection by a departmental selection panel. Prospective students will be evaluated based on the marks obtained in the previous qualification and/or work experience.
- Acceptance is subject to available capacity according to the Student Enrolment Plan (SEP). Applicants will be informed of their status per official letter from the Office of the Registrar, alternatively, they can check their application status on the TUT website, [www.tut.ac.za](http://www.tut.ac.za).
- c. *Recognition of Prior Learning (RPL), equivalence and status:*  
See Chapter 30 of Students' Rules and Regulations.
- d. *Intake for the qualification:*  
January only.
- e. *Presentation:*  
Block-mode classes.
- f. *Minimum duration:*  
One year.
- g. *Exclusion and readmission:*  
See Chapter 2 of Students' Rules and Regulations.

### CURRICULUM

#### FIRST YEAR

CODE	MODULE	NQF-L	CREDIT
HAM107V	Health Care Administration and Management I	(7)	(12)
HCT107V	Holistic and Complementary Therapy IV	(7)	(30)
IST107V	Introduction to Research I: Somatic Therapy	(7)	(12)
NUT107V	Nutrition IV	(7)	(12)
STT107V	Skilled Touch Principles and Techniques IV	(7)	(30)
STY107V	Clinical Management in Somatic Therapy IV	(7)	(24)
TOTAL CREDITS FOR THE QUALIFICATION:			<b>120</b>

## MODULE INFORMATION (OVERVIEW OF SYLLABUS)

The syllabus content is subject to change to accommodate industry changes. Please note that a more detailed syllabus is available at the Department or in the study guide that is applicable to a particular module. At time of publication, the syllabus content was defined as follows:

### C

#### **CLINICAL MANAGEMENT IN SOMATIC THERAPY IV (STY107V) CONTINUOUS ASSESSMENT** *(Module custodian: Department of Pharmaceutical Sciences)*

Evidence for therapeutic massage for a specific physical or emotional condition; Evidence for stress management and relaxation therapy for a specific physical or emotional condition; Evidence for micropigmentation implantation techniques for reconstructive purposes; and Portfolio of Evidence. (Total notional time: 240 hours)

### H

#### **HEALTH CARE ADMINISTRATION AND MANAGEMENT I (HAM107V) CONTINUOUS ASSESSMENT** *(Module custodian: Department of Management and Entrepreneurship)*

Management of a healthcare organisation; Strategic management of a healthcare organisation; Selected management models and theories; Dimensions functional management in healthcare organisations; Nature and scope of human resource management; Planning and provision of human resources; Maintenance of human resources; Utilisation of human resources; and Performance management and development of human resources. (Total notional time: 120 hours)

#### **HOLISTIC AND COMPLEMENTARY THERAPY IV (HCT107V) 1 X 3-HOUR PAPER AND PRACTICAL EXAMINATION** *(Module custodian: Department of Pharmaceutical Sciences)*

Stress management strategies and techniques; Relaxation therapies and techniques; and Micropigmentation Implantation Techniques for Reconstructive Purposes. (Total notional time: 300 hours)

### I

#### **INTRODUCTION TO RESEARCH I: SOMATIC THERAPY (IST107V) CONTINUOUS ASSESSMENT** *(Module custodian: Department of Pharmaceutical Sciences)*

The student will be able to apply knowledge as well as an ability to apply and evaluate the key terms, concepts, facts, principles, rules and theories of research in related fields of study in Science. The module should further provide the student with competencies such as, but not limited to review, research, writing and reporting, and communicating competencies. (Total notional time: 120 hours)

### N

#### **NUTRITION IV (NUT107V) 1 X 3-HOUR PAPER** *(Module custodian: Department of Hospitality Management)*

Nutrition for oral and dental health; Consistency of modified diets; Carbohydrates and fat modified diets for malabsorption; Energy, fat and protein modified diets for diseases; Candidiasis; Nutrition and menopause; and Nutrition and skin health. (Total notional time: 120 hours)

### S

#### **SKILLED TOUCH PRINCIPLES AND TECHNIQUES IV (STT107V) 1 X 3-HOUR PAPER AND PRACTICAL EXAMINATION** *(Module custodian: Department of Pharmaceutical Sciences)*

Specialised massage therapies; Manual lymph drainage massage; Mechanical lymph drainage massage; and Traditional Thai massage. (Total notional time: 300 hours)