

# BACCALAUREUS TECHNOLOGIAE: OFFICIATING AND COACHING SCIENCE

Qualification code: BTOC01 - NQF Level 7

Campus where offered: Pretoria Campus

## Important notification to new applicants:

Students who intend to enrol for this qualification should take note that no new applications will be accepted as from 2020. Potential students are advised to consult the University's website for possible new qualifications which are aligned with the newly-implemented Higher Education Qualification Sub-Framework.

## REMARKS

- a. *Admission requirement(s):*  
A National Diploma: Officiating and Coaching Science or an NQF Level 6 bachelor's degree in Sport Sciences or Officiating and Coaching Science from a South African university.  
  
Holders of any other equivalent South African or international qualification may also be considered, see Chapter 1 of Students' Rules and Regulations.
- b. *Selection criteria:*  
Selection is based on an assessment by a departmental selection panel.
- c. *Minimum duration:*  
One year.
- d. *Presentation:*  
Day classes.
- e. *Intake for the qualification:*  
January only.
- f. *Exclusion and readmission:*  
See Chapter 2 of Students' Rules and Regulations.
- g. *Recognition of Prior Learning (RPL), equivalence and status:*  
See Chapter 30 of Students' Rules and Regulations.
- h. *Subject credits:*  
Subject credits are shown in brackets after each subject.

## CURRICULUM

**SUBJECTS PRINTED IN BOLD ARE NOT FOR REGISTRATION PURPOSES.**

### YEAR SUBJECTS

CODE	SUBJECT	CREDIT
ALV400T	Athlete Development IV	(0,200)
APS400T	Applied Sport Psychology IV	(0,200)
CEY400T	Coaching Effectiveness and Analysis IV	(0,200)
CHA400T	Coaching Management IV	(0,200)
<b>OCS400T</b>	<b>Research Project</b>	
OCS40PT	Research Project: Theory	(0,100)
OCS40QT	Research Project: Practical	(0,100)

TOTAL CREDITS FOR THE QUALIFICATION: **1,000**



## SUBJECT INFORMATION (OVERVIEW OF SYLLABUS)

The syllabus content is subject to change to accommodate industry changes. Please note that a more detailed syllabus is available at the Department or in the study guide that is applicable to a particular subject. On 01 August 2018, the syllabus content was defined as follows:

### A

#### **APPLIED SPORT PSYCHOLOGY IV (APS400T) 1 X 3-HOUR PAPER** *(Subject custodian: Department of Sport, Rehabilitation and Dental Sciences)*

This subject aims to provide the student with an in-depth overview of sport and exercise psychology, bridge the gap between research and practice, convey fundamental principles of professional sport psychology practice, and capture some of the excitement of the world of sport and exercise, such as counselling styles, the psychology of injuries, mental skills profiling, psychological well-being, suicide, etc. (Total tuition time: ± 54 hours)

#### **ATHLETE DEVELOPMENT IV (ALV400T) 1 X 3-HOUR PAPER** *(Subject custodian: Department of Sport, Rehabilitation and Dental Sciences)*

Functional physiology. Blueprint for athletic strength training. Resistance training. Factors affecting performance. Periodicity and training organisation of the full training year. Biomechanics. Nutrition. (Total tuition time: ± 51 hours)

### C

#### **COACHING EFFECTIVENESS AND ANALYSIS IV (CEY400T) 1 X 3-HOUR PAPER** *(Subject custodian: Department of Sport, Rehabilitation and Dental Sciences)*

Analysis of coaching effectiveness. Analysis of the game. Development and implementation of strategies to improve coaching effectiveness. Performance analysis. Designing training plans and programmes and competition strategies. (Total tuition time: ± 51 hours)

#### **COACHING MANAGEMENT IV (CHA400T) 1 X 3-HOUR PAPER** *(Subject custodian: Department of Sport, Rehabilitation and Dental Sciences)*

Planning. Personal management. Leadership skills. Liaison with the media. Resource management. Coaching and the law. Analysis of sport administration and management. Channels of communication. (Total tuition time: ± 51 hours)

### R

#### **RESEARCH PROJECT: PRACTICAL (OCS40QT) PROJECT ASSESSMENT** *(Subject custodian: Department of Sport, Rehabilitation and Dental Sciences)*

This subject relates to the research project that the student will have to complete in order to pass this subject. A short research proposal, mini-thesis and article will be written under the guidance of a lecturer. (Total tuition time: not available)

#### **RESEARCH PROJECT: THEORY (OCS40PT) 1 X 3-HOUR PAPER** *(Subject custodian: Department of Sport, Rehabilitation and Dental Sciences)*

An overview of the research process, including types of research, the literature survey, defining the problem, research hypothesis, etc. The role of valid and reliable measurements in research, as applied to management principles, market factors and financial influences within the sport environment, is emphasised. The statistical concepts of research are also covered. (Total tuition time: ± 51 hours)

